

The Graceful Connection

February 2025



Latest News from the Town Village Audubon Park Newsletter

February is a month full of opportunities to connect, celebrate, and care for one another. As we honor Black History Month, we'll explore the profound contributions of Black Americans through music, art, and storytelling. These activities remind us of the resilience and richness of our shared history. It's also American Heart Month, the perfect time to focus on wellness. Look forward to heart-healthy cooking classes, fun fitness activities, and tips for maintaining a vibrant, active lifestyle. This month also brings moments of joy and connection with Valentine's Day on the 14th and Random Acts of Kindness Day on February 17th which invites us to brighten someone's day with a simple gesture—it's a great way to spread cheer across our community! Sports enthusiasts can look forward to Super Bowl Sunday, where we'll gather for good food and great company to watch the big game. Later in the month, Ramadan begins, offering a chance to reflect on themes of community, gratitude, and compassion. Join us in making February a month of learning, kindness, and celebration.

Ashlea Smalley, EdD
National Director of Memory Care & Life Enrichment
Grace Management, Inc.

Grace Signature Events



Community Updates

**Saturday February 1 9:45 am Tram
Tour to see Giant Troll Art by artist
Thomas Dambo at Memphis Botanic
Garden/Lunch at Fratelli's Cafe**

**Wed. Feb. 5 3:00 pm See the movie
"Shirley" (Story of Shirley
Chisholm) in the Activity Room in
honor of Black History Month**

**Thurs. Feb 6 10:30 am Art Class with
Shawna from the Dixon in the
Activity Room**

**Thurs. February 6 2:00 pm Special
Jewelry Making Class for
Valentine's Jewelry in Activity
Room**

Staff BIRTHDAYS

**Bernadita Webb 2/1
Ashley Edmondson 2/3
Dylan Parish 2/15**

**Latisha Jeans 2/19
Anna Hoard 2/23
Anthony Boyd 2/24**

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Saturday Feb. 8 10:00 am Trip to Memphis Asian Lunar New Year Market & Fair at the Agricenter (\$15)

Sunday Feb. 9 5:00 pm Super Bowl Viewing Party in Bistro

Wed. Feb. 12 2:30 pm "Gal-entines" Workshop: Hand & Nail Care for Guys & Gals in Activity Room

Wed. Feb. 12 3:30 pm Beer on Tap with Pretzels in the Bistro

Thurs. Feb. 13 Trivia with Beer & Soda in Activity Room

Sat. Feb. 15 11:00 am Lunch Out to Sling Shot Charlie's in Arlington

Tues. Feb. 18 3:00 pm Trivia with Beer & Soda in Activity Room

Wed. Feb. 19 12:30 pm Trip to see Mighty Souls Brass Band at Kroc Center. 6:00 pm Memphis Hot Notes Ukulele Love Song Sing-along in Bistro

Sat. Feb. 22 9:30 am Breakfast Out to La Baguette

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NEW RESIDENTS

**John Knight #250
Darlene Campbell #152
Eva Johnson #218**

**Norma Grothberg #141
Mervene Jones #210A**

**Jackie Tombone #119
Nina Gol #156**





TOWN VILLAGE
AUDUBON PARK
A GRACE MGMT COMMUNITY



**Our Valentines Day Happy Hour on Fri. 2/14 will feature the Jim Mahannah Band. Wear pink or red if you can.
Mon. 2/17 we will have a special Total Brain Health Class for American Heart Health Month**

MEET OUR TEAM

Bo Maynard - Executive Director

Donna Hunt - Business Office Manager

Daniel Lund - Marketing Director

Shawn Leary - Life Enrichment Director

**Juan Carlos Murillo - Food Service
Director/Executive Chef**

Wes Bumpus - Maintenance Director

**Jermarcus Brown - Dining Room
Supervisor**

Brandon Ross - Housekeeping Supervisor

Riley Quinn - Move-In Coordinator