

# The Graceful Connection

June 2024



## Latest News from the Town Village Audubon Park Newsletter

We will be cruising into summer on June 20th as we celebrate the official first day of summer! We are also highlighting an important monthly observance with Men's Mental Health Awareness Month. Conversations around mental health are often stigmatized and this is even more apparent for men, leading to some negative consequences. So, this month, we want to highlight all of the ways our gentlemen can access support and resources to support their mental health and to help reduce the shame around this sensitive topic. Our other featured celebration this month is International Day of Yoga on June 21st! Yoga is an important source of exercise and supports mental and spiritual health as well. So, join in with millions around the globe to connect through movement. Don't forget to check the calendar for our other June observances: Pride Month, Great Outdoors Month, Father's Day, Juneteenth and more!

I know we just wrapped up Mother's Day celebrations, but please be working on something equally exceptional for the Dads in your community! Men's Programs are always an area we need to look at to expand, so take this as an opportunity to do so!

As noted in the newsletter blurb above, our Featured Celebrations for June, the ones that must be on your calendar in some way, are Men's Mental Health Awareness Month and International Day of Yoga on June 21st. Other notable celebrations in June can be found in your Creative Celebrations Guide with notes on how you could represent them in the community - including Father's Day (6/16), Juneteenth (6/19), Pride Month, Great Outdoors Month, Flag Day/Bourbon Day (6/14), Dean Martin Day (6/7), and the Summer Solstice (6/20).

This is also a great time to start thinking about any Signature Events over the summer - like your Block Parties, BBQ's, and Pool Parties - and make sure to connect with your Sales and Marketing teams to partner on these events as we invite prospects to our communities to see what Vibrant Living is all about! :)

Ashlea Smalley, EdD  
National Director of Memory Care & Life Enrichment  
Grace Management, Inc.  
Phone: 815-440-1633

## Grace Signature Events



**Saturday June 1 Drop Off & Pick Up  
to Memphis Italian Festival (\$20  
entrance fee) 10:45 am**

**Thursday June 6 Carnival Memphis  
Boll Weevils Visit Lobby around 3:30  
pm**



**Tuesday June 11 Resident Indoor  
Bazaar (selling items) in Lobby 2:00 -  
4:00 pm**

**Wednesday June 12 Creative Aging  
Concert: Gary Beard & Friends sing  
Broadway (\$7.25 cash due to Shawn  
by Mon. 6/10 for ticket) Leaving at  
10:00 am for 11:00 am show**



**Thursday June 13 Trivia with Beer &  
Soda in Activity Room at 3:00 pm**

## Tim the Produce Man

**Tim the Produce Man will  
be selling produce at the  
front of our building**

**every Tuesday at 9:20 am  
starting on Tuesday  
June 4**

**and then every Tuesday  
all summer.**



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**Saturday June 15 Memphis Summer Crafts & Drafts Festival at Crosstown Concourse 10:00 am**

**Sunday June 16 Brunch Out to Boscors to hear Joyce Cobb leaving at 10:00 am**

**Tuesday June 18 Juneteeth Speaker Dr. Russell Wigginton President of National Civil Rights Museum in Town Hall at 3:00 pm**

**Wednesday June 19 Trip to Master Gardener Pam Beasley's Home Garden/Lunch Out to Perkins 11:20 am**

**Wednesday June 19 Spelling Bee in Town Hall at 3:00 pm**

**Thursday June 20 Jewelry Making Class with Anna in Activity Room at 2:00 pm**

**Thursday June 20 Beer Talk with Brian Thomson in Town Hall at 3:00 pm**

**Saturday June 22 Trip to Beale Street/Lunch Out to Blues City Cafe at 10:30 am**

**Sunday June 23 Trip to Collierville Community Theatre to see 9-5 the Musical 1:30 pm (\$18 cash due to Shawn by 6/17 for ticket)**

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**NEW RESIDENTS**

**Martha Muse #115B**

**Mary Fletcher #244**

**Evelyn Harverg #107**



TOWN VILLAGE  
AUDUBON PARK  
A GRACE MGMT COMMUNITY



## MEET OUR TEAM

**Bo Maynard - Executive Director**  
**Donna Hunt - Business Office Manager**  
**Daniel Lund - Marketing Director**  
**Shawn Leary - Life Enrichment Director**  
**Juan Carlos Murillo - Food Service  
Director/Executive Chef**

**Wes Bumpus - Maintenance Director**  
**Jermarcus Brown - Dining Room  
Supervisor**  
**Brandon Ross - Housekeeping  
Supervisor**  
**Riley Quinn - Move-In Coordinator**

**The Town Village Audubon Park Independent Living**  
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